



REGISTRATION FORM - SOLO
La Super-Am -February 28, 2026

Deadline - February 12, 2026

Singles dances									
		A - Juvenile (6 -)	B- Juvenile (11 -)	C - Junior (12-15)	D- Youth (16-18)	E - Adult (19 +)	F- Senior (35+)		
Dances	Age	Beginner	Pre-Bronze	Bronze	Silver	Gold	Pre-champ	Championship	
W									
T									
F									
Q									
VW									
S									
C									
R									
P									
J									

Note: Please indicate the age group

Challenge 3 dances				
	Newcomer to Bronze		Silver and Gold	
	W, T, Q	C, R, S	W, T, Q	C, R, S
9 and -				
15 and -				
16 and +				
35 and +				

	Pre-champ		Championship	
	W, T, F, Q	S, C, R, J	W, T, VW, F, Q	S, C, R, P, J
Juvenile (11 et -)				
Junior (12-15)				
Youth (16-18)				
Adulte 19 +				

Participation in TEAM MATCH (free): yes _____ no _____

I, the undersigned, release the organizers, the promoters, the governing bodies as well as all other organizations affiliated with this competition from any and all claims for loss or damage to persons or property in connection with this competition and I agree to abide by all the rules and regulations governing this competition, including anti-doping rules. I authorize DSQ to use photos / videos of me on their website, leaflets or promotional materials.

I, the undersigned, hereby warrant and represent to DanseSport Quebec that I am the legal parent or legal guardian of the person less than 18 years of age on whose behalf I grant these releases.

Regional association #: name & #	Gentleman		Lady	
First name	Last name			
City	Province			
Phone				
Email	Signature			

The registration form must be accompanied by the Order Form and payment to validate all registrations.